

The Limited Express Shinano timetable

From Nagoya to Matsumoto & Nagano

In use from February 25th 2022

Station Name Service	Nagoya 名古屋	Kanayama 金山	Chikusa 千種	Tajimi 多治見	Mizunami 瑞浪	Ena 恵那	Nakatsugawa 中津川	Nagiso 南木曾	Agematsu 上松	Kiso-Fukushima 木曾福島	Shiojiri 塩尻	Matsumoto 松本	Akashina 明科	Hijirikogen 聖高原	Shinonoi 篠ノ井	Nagano 長野
Shinano No.1	07:00	→	07:06	07:23	→	→	07:49	08:01	08:23	08:29	08:59	09:09	09:20	→	09:55	10:03
Shinano No.3	08:00	→	08:06	08:23	→	08:42	08:51	→	→	09:26	09:57	10:07	→	→	10:51	10:59
Shinano No.3 (Sat Only)	08:00	→	08:06	08:23	08:23	08:42	08:51	→	→	09:26	09:57	10:07	→	→	10:51	10:59
Shinano No.5	09:00	→	09:06	09:24	→	→	09:51	→	→	10:26	10:55	11:06	→	→	11:50	11:58
Shinano No.5 (Sat Only)	09:00	→	09:06	09:24	09:33	→	09:51	→	→	10:26	10:55	11:06	→	→	11:50	11:58
Shinano No.7	10:00	→	10:06	10:23	→	→	10:49	11:00	→	11:25	11:55	12:06	→	→	12:46	12:54
Shinano No.7 (Sat Only)	10:00	→	10:06	10:23	10:32	→	10:49	11:00	→	11:25	11:55	12:06	→	→	12:46	12:54
Shinano No.9	11:00	→	11:06	11:23	→	→	11:49	→	→	12:25	12:55	13:06	→	→	13:45	13:54
Shinano No.11	12:00	→	12:06	12:23	→	→	12:49	→	→	13:25	13:54	14:05	→	→	14:47	14:56
Shinano No.13	13:00	→	13:06	13:23	→	13:42	13:50	→	→	14:25	14:56	15:06	→	→	15:51	15:59
Shinano No.15	14:00	→	14:06	14:23	→	→	14:49	→	→	15:25	15:55	16:05	16:16	→	16:47	16:56
Shinano No.17	15:00	→	15:06	15:23	→	→	15:49	16:00	→	16:25	16:55	17:06	→	→	17:52	18:00
Shinano No.19	16:00	→	16:06	16:23	→	→	16:49	→	→	17:25	17:55	18:05	18:16	→	18:50	18:58
Shinano No.21	17:40	17:44	17:48	18:05	→	→	18:30	→	→	19:07	19:37	19:47	→	20:15	20:32	20:40
Shinano No.23	18:40	18:44	18:48	19:05	→	→	19:30	→	→	20:07	20:36	20:46	20:58	→	21:26	21:34
Shinano No.25	19:40	19:44	19:48	20:05	→	20:23	20:32	20:43	21:03	21:10	21:39	21:50	→	→	22:31	22:39