Prevention measures against COVID-19

COVID-19 Mask Use in Community Settings

- It is important to wear a mask as a basic prevention measure against COVID-19. Your action will protect everyone's health.
- You do not need to wear a mask outdoors when you are approximately 2 meters apart from others, or when you are not talking at a distance of less than 2 meters.
- You do not need to wear a mask indoors when you are approximately 2 meters apart from others and when you are not talking.





WHILE







NO Talking





Wear a mask while meeting with the elderly or spending time in hospitals.

Refrain from going out if you have cold-like symptoms.

Remove your mask if you do not need it outdoors, to prevent heat stroke in summer.









General Version

Thank you for your cooperation with Japan's infectious disease control measures.



Choose shops or accommodation that have implemented health and hygiene measures.



Monitor your physical health daily.



Practice good health and hygiene measures such as wearing a mask and washing/sanitizing your hands, even if you are vaccinated.



Maintain physical distancing.









Check your body temperature and sanitize your hands upon check-in at your accommodation.



Follow infection prevention measures, even when drinking.



Refrain from talking when using public baths.



Minimize your time spent in shared dining areas.







Transportation Version



Wear masks when using public transport.



Improve ventilation as much as possible.



Try to travel outside of peak travel times.



Try to refrain from talking when using public transport.









Try to travel outside of peak times and visit places that are not crowded.



Keep your voice down in public spaces.



Maintain physical distancing, even when outside.



Sanitize your hands prior to and after touching products such as souvenirs in shops.

